

2009-2010 Individual Counseling Schedule

The Teachers Retirement Association (TRA) offers pre-retirement counseling at various locations throughout Greater Minnesota.

You may also schedule an individual counseling session at one of our four statewide offices:

St. Paul	7:30 to 4:30	Monday - Friday
Detroit Lakes	7:30 to 5:00	Monday - Thursday
St. Cloud	7:30 to 5:00	Monday - Thursday
Mankato	Call for available dates and times	

During the school year, on select Wednesday evenings, individual counseling sessions will be available in St. Paul at 3:30 pm, 4:30 pm and 5:30 pm.

If you are planning to retire within the next few years, you may want to explore your options with the help of one of our retirement counselors in a confidential, individual counseling session. During your interview, you will receive an estimate of benefits payable upon retirement, assistance with the retirement application and answers to any specific questions you may have.

You may reserve your spot for an individual counseling session in two ways:

Online: Choose member login, register if you haven't done so already, and enter your User ID and password. Now choose Schedule an Individual Counseling Session near the bottom of the screen, select the date you prefer to attend, and complete the registration process.

Phone: Call 800-657-3669 and press "1" to connect with our appointment desk. Specify the date and location you prefer.

So that a personalized benefit estimate may be prepared, when scheduling an appointment, please have the following information available:

- service credit with any other Minnesota public retirement system(s)
- anticipated retirement date
- spouse's name and date of birth (if applicable)
- type of information you require during your appointment

Forty-minute individual counseling sessions may be scheduled from Noon to 6:30 pm.

Austin
Riverland Community College, 1900 8th Ave NW
December 17

Bemidji
Bemidji State University, 1500 Birchmont Drive NE
November 4 & 5 January 7
March 3

Brainerd
Central Lakes College, 501 W. College Dr
December 10 February 11

Hibbing
Hibbing Community College, 1515 East 25th Street
December 1 & 2 January 20
February 17 & 18

International Falls
Rainy River Community College, 1501 Hwy 71
November 18 & 19

Marshall
Southwest State University, 1501 State Street
December 9 February 16 & 17

Proctor
Proctor Community Center, 100 Pionk Dr
November 12 January 19
February 16 March 16

Rochester
Rochester Community & Technical College *or*
Heinz Center (exact location to be determined)
November 12 December 10
January 14 February 18
March 18 April 15

Thief River Falls
Northland Community & Technical College
1101 Hwy One East
December 15 February 11

Willmar
Willmar Education and Arts Center, 611 5th Street
November 12 January 21

Winona
MN State College Southeast Technical
1250 Homer Road, Main Campus
November 19 January 4
March 10

Worthington
MN Community & Technical College 1450 College Way
December 10

